



*Simplifying Logistics*

*"A journey of a thousand miles...  
must begin with a single step."*



# **JOURNEY**

Volume 5-Inhouse Journal



**Mr. H.S. Chadha**  
Chairman, Ritco Group

## **Message from Chairman**

To embark on a journey of success one needs the tools of preparedness, foresight and strategy. These lead to the path of growth and high quality operation. It is imperative to combine these three forces in an industry.

Realising the responsibility on the shoulders of each member of RITCO, we endeavour to be one of the most competitive logistic service provider in the industry with emphasis on efficiency in operations, reliability for customers and thrust for continuous development.

We strive to accomplish our dreams and goals to bring greater effulgence in the future.

Finally, I convey my sincere gratitude to all employees of RITCO for their support and look forward for the same in the near future.



## Ritco - In News



## Dedicated To Late Sh. R.S.Chadha Ji

Thanks for everything you gave to us  
 Thanks for the fatherly affection you shared,  
 which made us like you more and more.  
 Thanks for the love, you showed,  
 which threw our sorrows away from us.  
 Thanks for the confidence you gave,  
 which made us work harder day by day.  
 We promise that we will try,  
 To reach the destination which you and we all desire.



**Anil Gola**  
 Coporate Office

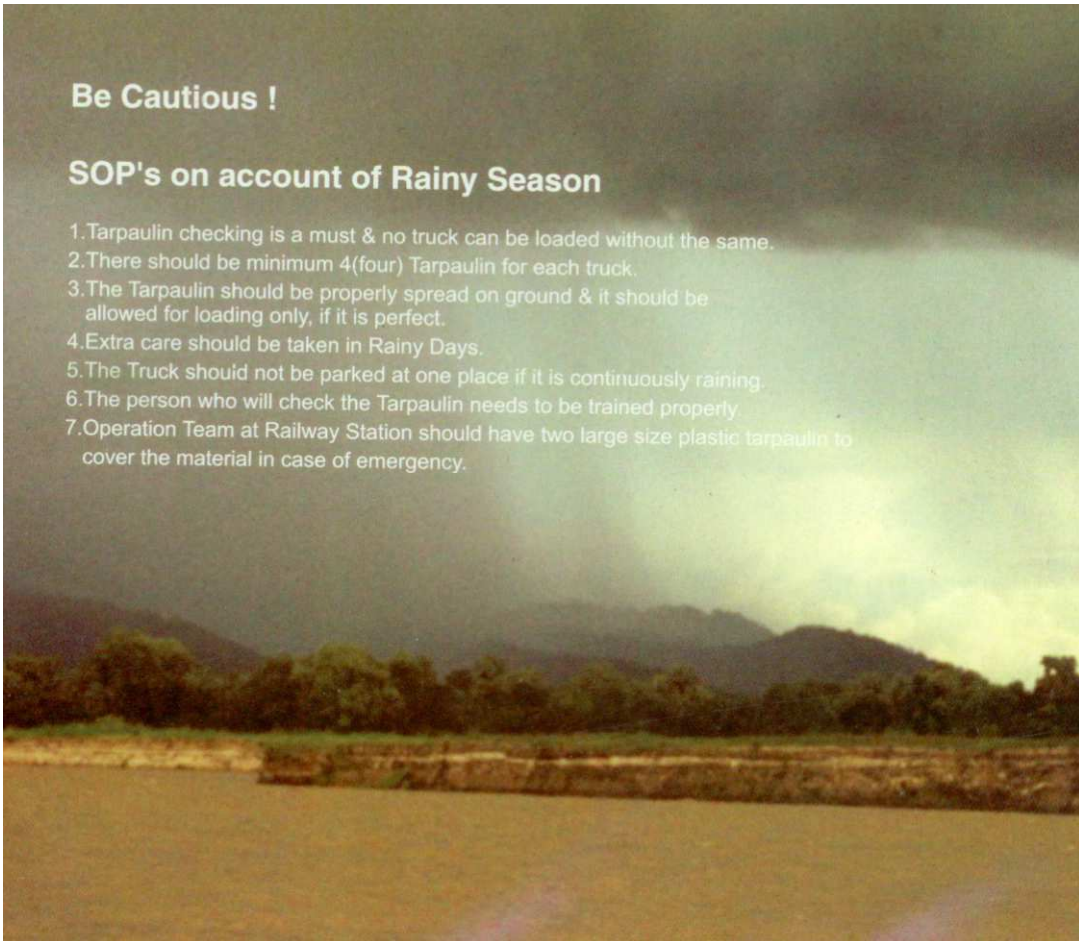
**Sard Rato Ki Tanhai Me**



## Be Cautious !

### SOP's on account of Rainy Season

1. Tarpaulin checking is a must & no truck can be loaded without the same.
2. There should be minimum 4(four) Tarpaulin for each truck.
3. The Tarpaulin should be properly spread on ground & it should be allowed for loading only, if it is perfect.
4. Extra care should be taken in Rainy Days.
5. The Truck should not be parked at one place if it is continuously raining.
6. The person who will check the Tarpaulin needs to be trained properly.
7. Operation Team at Railway Station should have two large size plastic tarpaulin to cover the material in case of emergency.



## Humour

1. Salesman-This computer will cut your workload by fifty percent.  
Office manager- That's great, I'll take two of them.
2. Banta- "Ronu I want you to bring 90% this time."  
Ronu- "no papa I will bring 100% this time."  
Banta- "why are you joking."  
Ronu- "Papa, you only started."
3. The girl asked her lover, "Darling, if we get engaged will you give me a ring?"  
"Sure" replied her lover "What's your phone number?"



Lalita Panwar  
Corporate office

## Managing Stress With Rational Thinking

Stress results when the mind, body or emotions receives an overload of stimulus, whether good or bad. Some people seem to handle daily challenges without any evidence of stress, while others are stressed by the varied activities and changes that the modern workplace presents.

### Indulge Yourself

Think about a treat that you haven't had in a while and then go out and look for it. It might be something that you adored as a child like a tall glass of Hot Chocolate Fudge Sundae.

### Wash Away the Stress

What better way to escape for a quick respite than to take a nice, long, hot bath? It can be soothing, sensual, quiet or stimulating. If it's warm and happens to be raining, take a walk, lifting your face to the rain drops.

### Laugh Out Loud

When you're feeling weary, is there any better way to recharge than a hearty laugh? Laughter not only lifts your spirit, but it burns calories as well. Need help? Tell a joke or ask someone else to tell you one. It's impossible to laugh and feel burdened at the same time. Don't wait for vacation to refuel. Do it now, wherever you are!

In many cases, situations do not cause all of the stress that we experience. Sometimes, our reaction to circumstances (and what we say to ourselves about them) contributes to the stress we experience. This, along with other negative thinking, can cause intense stress and unhappiness and can severely damage your self-confidence.